

2007 AAU Southern Pacific District Cross Country Championships

National Cross Country Championships Qualifier

Location: Corriganville Park, Simi Valley, (Southern) California 93063
Date: Saturday, November 03, 2007
Host: Valley Striders
Sanction by: Southern Pacific District AAU
Time: 8:00 am Registration and Races Start at 9:00 am
Entry Fee: \$15.00 per athlete
Awards: Medals to the top 3 individuals in each category
Contact: Meet Director: Bryan Riggs (805) 578-2400, Ext. 101
riggsinc@sbcglobal.net



IMPORTANT INFORMATION

DIRECTIONS

Simi Valley is located in East Ventura County. Take the 118 freeway to the Kuehner Drive Exit. Go South 1 ½ miles to Smith Road. Go East on Smith Road. Smith Road Deadends at Corriganville Park. 7001 Smith Road. Thomas Brothers Map VC: 499, D/3

OTHER INFORMATION

All Registrations will occur the day of the meet.
Registration will include proof and a copy of a current AAU Membership, Birth Certificate, and cash entry fee at the day of the event.
Weather will not cancel the meet, unless Law Enforcement says otherwise.
NO Waivers will be granted to the National Cross Country Championships.
All athletes MUST be a current AAU Member before registering at the event.
Memberships are available on line at www.AAUsports.org

**2007
National
Cross Country Championship
Virginia Beach Sports Complex, Virginia**

Schedule of Events

The first race will begin at 9:00 am. All other races will begin 5 minutes after the completion of the previous race. The order is listed below.

8:00-9:00 am	Registration	
9:00 am	Primary (8 and under) Girls	2k
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	Sub-Bantam & Bantam Girls	3k
	Sub-Bantam & Bantam Boys	3k
	Sub-Midget & Midget Girls	3k
	Sub-Midget & Midget Boys	3k
	Sub-Youth & Youth Girls	4k
	Sub-Youth & Youth Boys	4k
	Intermediate Boys & Girls	5k
	Young Men/Women	5k

Please note: Registration is 1 hour before the start of the meet

AAU Membership cards are required. You can purchase AAU cards on line at www.aausports.org

2007 - Age Divisions

Primary	1999 & after
Sub-Bantam	1998
Bantam	1997
Sub-Midget	1996
Midget	1995
Sub-Youth	1994
Youth	1993
Intermediate	1991-1992
Young Men/Women	1989-1990